

### Old Head Smoothie (C)

Our Special of the Day

#### Birchermüesli

The Healthy Option: a freshly homemade Swiss-style Müesli with Fresh Fruit & Natural Yogurt (no added sugar)

### Fresh Fruit Salad (C)

All the Seasonal Fruits chopped & served with Natural Yogurt

#### Granola

Honeyed Yogurt with Granola and a Mixed Berry Compote

#### Breakfast "On the Go"

Bacon, Sausage & Fried Egg served inside a Floury Bun

# French Toast - Old Head Style

Served with Maple Syrup or Crispy Bacon & Grilled Tomato



### Golfer's Breakfast

Bacon
Pork Sausages
Eggs (any way you like)
Grilled Tomato
Mushrooms
Clonakilty Black & White Pudding

## **Eggs Benedict**

Poached Eggs & Streaky Bacon served on a Toasted English Muffin topped with Hollandaise Sauce

## Old Head Special

Creamy Scrambled Eggs with Oak Smoked Irish Salmon served on Homemade Toasted Bread

### Old Head "Full Irish"

Bacon
Pork Sausages
Eggs (any way you like)
Grilled Tomato
Mushrooms
Clonakilty Black & White Pudding
Choice of Tea or Coffee
Fruit Juices
Fresh Breads & Preserves

## Mangajo

(Anti-oxidant iced tea drinks)

Refreshing Rooibos & Red Grape Lemon & Green Tea Pomegranate & Green Tea